Teaching Schedule (MBBS Batch 2025)
Jan 2026 to Mar 2026

Date/Day	Time	Lecture/Pract/Tutorial/ECE/SDL/PBL	Faculty/Resident
05/01/2026 Monday	11am-1pm	SGT: BC 4.7 Fatty Liver, cholelithiasis, obesity (AB Batch)	Dr. Subhra Dr Pooja Devi Dr Rajesh Dr. Rishla Dr Pooja chahal
06/01/2026 Tuesday	2pm-4pm	SGT: BC 4.7 Fatty Liver, cholelithiasis, obesity (CD Batch)	Dr. Subhra Dr Pooja Devi Dr Rajesh Dr. Rishla Dr Pooja chahal
07/01/2026 Wednesday	9am-10am	**Lect:** BC 4.5 Metabolism of lipoproteins	Dr. Subhra
	11am-1pm	**Pract:** BC 14.15 Estimation of Triglyceride, HDL and calculation of LDL (AB)	Dr Sanket Dr Prasanna
08/01/2026 Thursday	11am-1pm	**Pract:** BC 14.15 Estimation of Triglyceride, HDL and calculation of LDL (CD)	Dr Sanket Dr Prasanna
	3pm-5pm	**Lect:** BC 5.3 Digestion and absorption of dietary protein	Ms. Kavita
09/01/2026 Friday	9am-10am	**Lect:** BC 5.6 Detoxification of ammonia and urea cycle	Dr Seema Garg
12/01/2026 Monday	11am-1pm	**ECE:** BC 14.20 Introduction to sample collection, sample preservation, sample collection vials, preanalytical errors and visit to clinical chemistry lab (AB)	Dr. Puja Dr Qamar Dr. Purbasha Dr. Rohit Dr. Sachil
	2pm-3pm	Paper Discussion	Dr. Puja Dr Karthik
	3pm-5pm	**Lect:** BC 5.4 Plasma proteins and serum protein electrophoresis	Ms. Siddhi
13/01/2026 Tuesday	2pm-4pm	**ECE:** BC 14.20 Introduction to sample collection, sample preservation, sample collection vials, preanalytical errors and visit to clinical chemistry lab (CD)	Dr. Puja Dr Qamar Dr. Purbasha Dr. Rohit Dr. Sachil
14/01/2026 Wednesday	9am-10am	**Lect:** BC 4.6 Eicosanoids: biological role and therapeutic application	Dr. Puja

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14/01/2026	11am-1pm	**Pract:** BC 14.5, 14.18 screening of urine for inborn errors and paper chromatography (AB)	Dr. Shiba Dr. Aditi
15/01/2026 Thursday	11am-1pm	**Pract:** BC 14.5, 14.18 screening of urine for inborn errors and paper chromatography (CD)	Dr. Shiba Dr. Aditi
16/01/2026 Friday	9am-10am	**Lect:** BC 7.2 Biochemical processes involved in energy generation in a cell	Dr. Rajarshi Kar
19/01/2026 Monday	11am-1pm	**Pract:** BC 14. 8 Estimation of urea, calculation of BUN (AB)	Dr. Seema Garg Dr Karthik
		CBD-Urea cycle disorder & Inhibitors of ETC	Dr Tushar Dr Pooja Devi Dr Pooja chahal
20/01/2026 Tuesday	2pm-4pm	**Pract:** BC 14. 8 Estimation of urea, calculation of BUN (CD)	Dr. Seema Garg Dr Karthik
		CBD-Urea cycle disorder & Inhibitors of ETC	Dr Tushar Dr Pooja Devi Dr Pooja chahal
21/01/2026 Wednesday	9am-10am	**Lect:** BC 5.7 Amino acid metabolism	Dr Shiba Ansari
	11am-1pm	**Pract:** BC 14. 8 Estimation of urea, calculation of BUN (AB)	Dr. Seema Garg Dr Karthik
		CBD-Urea cycle disorder & Inhibitors of ETC	Dr Tushar Dr Pooja Devi Dr Pooja chahal
22/01/2026 Thursday	11am-1pm	**Pract:** BC 14. 8 Estimation of urea, calculation of BUN (CD)	Dr. Seema Garg Dr Karthik
		CBD-Urea cycle disorder & Inhibitors of ETC	Dr Tushar Dr Pooja Devi Dr Pooja chahal
23/01/2026 Friday	9am-10am	**Lect:** BC 5.7 Amino acid metabolism	Dr Shiba Ansari
26/01/2026 Monday	**Republic Day**		
27/01/2026 Tuesday	2pm-4pm	REVISION PRACTICAL (Urine)	Dr.Qamar Dr Pooja Chahal
28/01/2026 Wednesday	9am-10am	**Lect:** BC 5.8 Haem metabolism, jaundice and porphyias	Dr. Parul
	11am-1pm	OSPE (Performance-Rothera test) (AB)	Mr. Hari
29/01/2026 Thursday	11am-1pm	OSPE (Performance-Rothera test) (CD)	Mr. Hari
	3pm-5pm	**Formative assessment**	All residents

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30/01/2026 Friday	9am-10am	**Lect:** BC 6.1-6.2 ECM: components and functions with respect to health and disease	Dr. Sanket
02/02/2026 Monday	11am-1pm	CBD: Heme metabolism	Dr Parul Dr Sachil
	4pm-5pm	**Lect:** BC 5.7 IEM (protein metabolism)	Dr Parul
03/02/2026 Tuesday	2pm-4pm	CBD: Heme metabolism	Dr Parul Dr Sachil
04/02/2026 Wednesday	9am-10am	**Lect:** BC 7.1 Integration of metabolism: fed-fast cycle in various organs	Dr. Sanket
	11am-1pm	**PBL 1(AB)-**Anemia (Iron deficiency)	Dr. Subhra Ms Kavita All Residents
05/02/2026 Thursday	11am-1pm	**PBL 1(CD)-** Anemia (Iron deficiency)	Dr. Subhra Ms Kavita All Residents
06/02/2026 Friday	9am-10am	**Lect:** BC 7.1 Integration of metabolism: fed-fast cycle in various organs	Dr. Sanket.
09/02/2026 Monday	11am-1pm	**Pract:** BC 14.11 Estimation of Serum Total protein (AB)	Dr. Puja Dr. Rishla
		Pract: BC 14.11 Estimation of Serum albumin and determination of AG ratio (AB)	Dr. Puja Dr Purbasha
10/02/2026 Tuesday	2pm-4pm	**Pract:** BC 14.11 Estimation of Serum Total protein (CD)	Dr. Puja Dr. Rishla
		Pract: BC 14.11 Estimation of Serum albumin and determination of AG ratio (CD)	Dr. Puja Dr Purbasha
11/02/2026 Wednesday	9am-10am	**Lect:** BC 8.1 Water soluble vitamins: biochemical roles and manifestation of deficiency	Dr. Sanket
	11am-1pm	**Pract:** BC 14.11 Estimation of Serum Total protein (AB)	Dr. Puja Dr. Rishla
		Pract: BC 14.11 Estimation of Serum albumin and determination of AG ratio (AB)	Dr. Puja Dr Purbasha
12/02/2026 Thursday	11am-1pm	**Pract:** BC 14.11 Estimation of Serum Total protein (CD)	Dr. Puja Dr. Rishla
		Pract: BC 14.11 Estimation of Serum albumin and determination of AG ratio (CD)	Dr. Puja Dr Purbasha
13/02/2026 Friday	9am-10am	**Lect:** BC 8.1 Water soluble vitamins: biochemical roles and manifestation of deficiency	Dr. Sanket

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16/02/2026 Monday	11am-1pm	**Pract:** BC 14.9 Estimation of serum creatinine & creatinine clearance (AB)	Dr Shiba Dr Sachil
		CBD on RFT	Dr Aditi
17/02/2026 Tuesday	2pm-4pm	**Pract:** BC 14.9 Estimation of serum creatinine & creatinine clearance (CD)	Dr Shiba Dr Sachil
		CBD on RFT	Dr Aditi
18/02/2026 Wednesday	9am-10am	**Lect:** BC 8.1 Fat soluble vitamins: biochemical roles and manifestation of deficiency	Dr Mohit Mehndiratta
	11am-1pm	**Pract:** BC 14.9 Estimation of serum creatinine & creatinine clearance (AB)	Dr Shiba Dr Sachil
		CBD on RFT	Dr Aditi
		Pract: BC 14.9 Estimation of serum creatinine & creatinine clearance (AB)	Dr Shiba Dr Sachil
19/02/2026 Thursday	11am-1pm	**Pract:** BC 14.9 Estimation of serum creatinine & creatinine clearance (CD)	Dr Shiba Dr Sachil
		CBD on RFT	Dr Aditi
	3pm-5pm	**ECE:** BC 8.1,14.19 – Vitamins	Dr. Sanket Mr. Hari Dr. Pooja chahal Dr. Pooja Devi
20/02/2026 Friday	9am-10am	**Lect:** BC 8.1 Fat soluble vitamins: biochemical roles and manifestation of deficiency	Dr Mohit Mehndiratta
23/02/2026 Monday	11am-1pm	**PBL 2**	Dr. Subhra All Residents
	4pm-5pm	**Lect:** BC 9.1 & 9.2 Calcium and phosphorus metabolism	Dr. Parul
24/02/2026 Tuesday	2pm-4pm	**PBL 2**	Dr. Subhra All Residents
25/02/2026 Wednesday	9am-10am	**Lect:** BC 9.1 9.2 Iron, copper, zinc & Magnesium metabolism	Dr. Subhra
	11am-1pm	**Pract:** BC 14.13. Estimation of serum bilirubin (AB)	Dr. Parul Dr. Rajesh
		CBD BC 11.1 organ function tests: Liver (AB)	Dr. Parul Dr Qamar
26/02/2026 Thursday	11am-1pm	**Pract:** BC 14.13. Estimation of serum bilirubin (CD)	Dr. Parul Dr. Rajesh
		CBD BC 11.1 organ function tests: Liver (AB)	Dr. Parul Dr Qamar
27/02/2026 Friday	9am-10am	**Lect:** BC 8.5 Causes, effects and health risks associated with overweight/obesity/metabolic syndrome	Mr. Hari

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02/03/2026 Monday	11am-1pm	**Pract:** BC 14.13. Estimation of serum bilirubin (AB)	Dr. Parul Dr. Rajesh
		CBD BC 11.1 organ function tests: Liver (AB)	Dr. Parul Dr Qamar
03/03/2026 Tuesday	2pm-4pm	**Pract:** BC 14.13. Estimation of serum bilirubin (CD)	Dr. Parul Dr. Rajesh
		CBD BC 11.1 organ function tests: Liver (AB)	Dr. Parul Dr Qamar
04/03/2026 Wednesday	**HOLI**		
05/03/2026 Thursday	11am-1pm	Revision Practical (Urine)	Dr. Qamar Dr. Pooja Chahal
06/03/2026 Friday	9am-10am	**Lect:** BC 8.3, 8.6: Nutrition importance of commonly used food items. Types and causes of PEM	Dr. Shiba
07/03/2026 Saturday	2pm-3pm	**SDL** 14.23 calculate energy contents of different food item, glycemic index	Dr Parul Dr. Karthik Dr. Rohit
09/03/2026 Monday	11am-1pm	OSPE- Performance-Benedict test (AB)	Dr. Prasanna All Batch teachers
10/03/2026 Tuesday	2pm-4pm	OSPE- Performance-Benedict test (CD)	Dr. Prasanna All Batch teachers
11/03/2026 Wednesday	9am-10am	**Lect:** BC 8.2 Importance of various dietary components and importance of dietary fibers	Dr Parul
	11am-1pm	BC 14.20- **OSPE**- Instruction (Sample collection for 24-hour urinary protein) (AB)	Dr. Purbasha
12/03/2026 Thursday	11am-1pm	BC 14.20- **OSPE**- Instruction (Sample collection for 24-hour urinary protein) (CD)	Dr. Purbasha
	3pm-4pm	**Lect:** BC 10.1 Nucleotide and Nucleic acid: structure, function and clinical significance	Dr Parul
	4pm-5pm	**Lect** BC 8.4 Dietary advice in different disease conditions	Mr Hari
13/03/2026 Friday	9am-10am	**Lect:** BC 10.2, 10.3 Synthesis of purines and salvage pathway. Degradation of purines and associated disorder	Dr Rajarshi Kar
16/03/2026 Monday	11am-1pm	**Spots & Cases**	Dr. Puja Dr. Rohit Dr. Rajesh
	4pm-5pm	BC 14.19. Biochemical tests and interpretation: Nephrotic syndrome, pancreatitis, Disorders of mineral metabolism	Ms Kavita

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17/03/2026 Tuesday	2pm-4pm	**Spots & Cases**	Dr. Puja Dr. Rohit Dr. Rajesh
18/03/2026 Wednesday	9am-10am	**Lect:** BC 10.4 DNA Replication	Dr Puja
	11am-1pm	Revision Practical (Serum) & LOG Book Assessment	All Batch teachers
19/03/2026 Thursday	11am-1pm	Revision Practical (Serum) & LOG Book Assessment	All Batch teachers
20/03/2026 Friday	9am-10am	**Lect:** BC 10.5 DNA Repair and mutation	Dr Seema/ Dr.Parul
21/03/2026 Saturday	2pm-3pm	**Lect:** BC 10.4 Transcription	Dr Puja

Abbreviations:ECE: Early Clinical Exposure; SDL: Self-directed Learning; PBL: Problem based learning; AETCOM: Attitude, ethics & communication module; AB: A & B Batches of students; CD: C& DBatches of students

SECOND TERM EXAMINATION 23/03/2026 to 02/04/2026 (PRACTICALS 23 to 27 March 2026 and THEORY 28, 30 March, 1st & 2nd April 2026)
SUMMER VACATION 4th to 11th April 2026

Puja

Teacher in charge

20/12/25

Head of the Department

DR. MOHIT MEHNDIRATTA
Director Professor & Head
Department of Biochemistry
UCMS & GTB Hospital
Dilshad Garden, Delhi-110095

Copy to

1) Faculty In-charge LT (lecturetheatreone@ucms.ac.in)
2) All faculties & residents taking classes
3) UG laboratory
4) DBMI (hrana@ucms.ac.in)