



University College of Medical Sciences & GTB Hospital, Delhi MBBS Phase I Foundation Course Batch 2026,

Venue: 15th-16th Sept: Conference Hall, Library Block
17th -26th September (except 2-4 pm on 17th)
28 September: LT-4



	9-10 am	10--11 am	11 am-12 pm	12-1 pm	2-3 pm	3-4 pm	4-5 pm
15 th Sept 2026 Tuesday (Conference Hall)	The Academic Ambience <i>(Mr Sanjay, AR Academics)</i>	UCMS: A legacy of excellence <i>Dr Dheeraj Shah</i> (Principal, UCMS)	Safe beginnings (<i>Anti Ragging Committee</i>) (Parents-Faculty interaction <i>(Dr Sumita Halder)</i>)	Home away from home Hostel Accommodation Continued <i>(Wardens)</i>	Hostel Allotment continues <i>(Wardens)</i>		Student Societies Enigma & LITSOC
16 th Sept 2026 Wednesday (Conference Hall)	Curricular aspects <i>(Dr Smita Nath)</i>	Campus Connect <i>Staff Advisor & Students' Union</i>	Equal Spaces, Equal Voices Gender non-discrimination <i>(Dr Pragati Chhabra)</i>	Ableism in Healthcare (Disability Competencies) <i>(Dr Nonita Gangwani)</i>	Gateway to knowledge: Library as your knowledge hub <i>(Dr Neha Singhal)</i>		S.P.A.C.E. & Iridescence
17 th Sept 2026 Thursday (LT-1 & 4)	Language barriers in medicine <i>(Dr Neha)</i>	Red Ribbon Club <i>(Dr Srishti Yadav)</i>	UJMS: From curious minds to published science (Dr Chander Grover)	Computers <i>(Dr. Ankur)</i>	Caste-based non-discrimination (Dr Asha Yadav) Enabling Unit (Disability Competencies)LT4	Near-Peer Mentoring <i>(Dr Risa)</i> LT-4	Parwaaz & Circumventri cles LT-4

	9-10 am	10--11 am	11 am-12 pm	12-1 pm	2-3 pm		3-4 pm	4-5 pm
18th Sept 2026 Friday (LT-1)	Time Management <i>(Dr Sumita Halder)</i>	Language & Computers	Needle & scalpel injuries – Prevention and management <i>(Dr. Manoj Meena)</i>	Computers <i>(Dr Shashank Tripathi)</i>	Sports (Dr Ranjan Chakarvarty)			SWoUC & E-Club
19 th Sept 2026 Saturday (LT-1)	Medicine meets Community: Learning beyond the classroom (Field Visit) <i>Dr Madhu Upadhyay</i>							
20 th Sept 2026 Sunday								
21 st Sept 2026 Monday (LT-1)	Shaping your first steps <i>Phase I HODs</i>	Can you comprehend what’s been said? <i>(Dr Neha)</i>	Disability Competencies <i>(Dr Nonita & Dr Satendra)</i>	Computers <i>(Dr. Ankur)</i>	Healthcare infections <i>(Dr. Bineeta Kashyap)</i>	Sample collection in patient care <i>(Dr. Rajarshi Kar)</i>		Manchayan & Renaissance
22 nd Sept 2026 Tuesday (LT-1)	Social Media & Professionalism <i>(Dr Parul Gupta)</i>	Student Wellness and Psychological Assessment <i>(Dr Kanupriya)</i>	Professional and altruistic behaviour <i>(Dr Michelle Gulabani)</i>	Biomedical Waste Management <i>(Dr. Subhra Sucharita Sahoo)</i>	Interpersonal Skills <i>(Dr. Aparna)</i>	Communication skills <i>(Dr. Aparna)</i>		UCapture & Artifex
23 rd Sept 2026 Wednesday (LT-1)	Healthcare Systems <i>(Dr Pratima Goyal/ Dr Alpana Raizada)</i>	Behavioural attitudes <i>(Dr Richa Gupta)</i>	Enkindling Minds Research ecosystem at UCMS <i>(Dr Arun Sharma)</i>	Computers <i>(Dr. Ankur)</i>	Avoid Junk food <i>(Dr Sumaira Khalil)</i>	Manage screen time <i>(Dr Sweta Kumari)</i>	Computers <i>(Dr Shashank Tripathi)</i>	Inaayat & Organum Donum
24 th Sept 2026 Thursday (LT-1)	Ethics Matters <i>(Dr Rashmi Salhotra)</i>	Honesty, integrity and respect <i>(Dr Kalpana Kumari)</i>	Humour in Health <i>(Dr Arvind Kumar)</i>	Bridging Language barriers <i>(Dr Neha)</i>	Skill Module (Batches A, B, C, D)			Celeste & Plexus

	9-10 am	10--11 am	11 am-12 pm	12-1 pm	2-3 pm	3-4 pm	4-5 pm
25 th Sept 2026 Friday (LT-1)	AETCOM: The heart of healing <i>(Dr Kalpana Kumari)</i>	Stress management <i>(Dr Shruti Shrivastava)</i>	History of Medicine <i>(Dr G S Ranga)</i>	Radiation & biosafety hazards <i>(Dr.Shuchi Bhatt)</i>	Skill Module (Batches A, B, C, D)		Sports
26 th Sept 2026 Saturday (LT-1)	Power of effective communication <i>(Dr Shiva Narang)</i>	Leadership in healthcare <i>(Dr S V Madhu)</i>	Skill Module (Batches A, B, C, D)		Sports		
27 th Sept 2026 Sunday							
28 th Sept 2026 Monday LT-4	Not in the syllabus, but vital for survival <i>(Dr Navjeevan Singh)</i>	Medical Humanities <i>(Dr Upreet Dhaliwal)</i>	Skill Module (Batches A, B, C, D)		White Coat Ceremony <i>(Staff advisor)</i>		Sports

Sd/-
Prof (Dr) Satendra Singh
Chairperson, Foundation Course & Electives

HOURS DISTRIBUTION

Orientation- 15 hours		Skills- 15 hours	
Professional Development & Ethics- 18 hours + White Coat Ceremony- 2 hours		Sports- 7 hours	
Language & Computers- 10 hours		ECE- 8 hours	
Field Visit- 5 hours		Total (80 hours)	

Schedule for Hands-on Skill training/learning

Batch Division: (A= Roll 1-45, B=Roll 46-90, C=Roll 91-135, D=Roll 135-rest)

DATES	Training in Life Support Skills Venue: Skill Lab, 5th Floor, UCMS (In-charge: Dr Rashmi Salhotra and Dr Michelle)	Visit to the MRU Venue: MRU, First Floor (In-charge: Dr Shukla Das)	Visit to Microbiology lab -- Demonstration of hand hygiene and aseptic measures/spill management/donning doffing/filling the prerequisite form, other precautions for exposure (In-charge: Dr Kirti Nirmal)	Skill for First Aid (Dept of Medicine: Dr Smita Nath, Surgery: Dr Deepak, Orthopaedics: Dr Amit Srivastava) (In-charge: Dr Deepak)
24-09-2026 2-4 pm	BATCH A	BATCH B	BATCH C	BATCH D
25-09-2026 2-4 pm	BATCH B	BATCH C	BATCH D	BATCH A
26-09-2026 11 am- 1 pm	BATCH C	BATCH D	BATCH A	BATCH B
28-09-2026 11 am- 1 pm	BATCH D	BATCH A	BATCH B	BATCH C