

**DEPARTMENT OF COMMUNITY MEDICINE
UCMS, DELHI**

**Schedule for Phase II (Adm. Batch 2024)
Family Adoption Program and Clinical Posting
Batch E (Roll No.)
(1st Oct 2025 to 11th Nov 2025)
Date: 18/09/2025**

Venue: Seminar Room

Time: 10 am – 1pm

Date	Day	Competency Number	Topic	Facilitators
01/10/2025	WED	CM 1.9	a. Introduction of the students-7 min b. Briefing regarding FAP & CP-30 min	Dr. Srishti Yadav (Faculty)
		CM 1.9	Demonstrate the role of effective Communication skills in health in a simulated environment	Dr. Khan Amir Maroof (Faculty) Dr. Abhishek (SR)
03/10/2025	FRI	CM 1.10	Demonstrate the important aspects of doctor-patient relationship in a simulated environment	Dr. Sakshi (PG-2) Dr. Rupali (PG 1)
06/10/2025	MON	CM 10.4, CM 10.5, 8.1. 8.3	a. IMNCI: ARI b. Demonstrate how to fill IMNCI recording forms	Dr. Pragti Chhabra (Faculty) Dr. Shailja (SR) Dr. Sahil (PG 2) Dr. Prabha (PG 1)
08/10/2025	WED	CM 10.4, CM 10.5, 8.1. 8.3	a. IMNCI Diarrhoea b. Demonstrate how to fill IMNCI recording forms	
09/10/2025	THU	CM 5.6 Field visit	a. Visit to AWC (Meet Anganwadi worker, Anganwadi helper) b. Meet ASHA	Dr. Rahul Sharma (Faculty) Dr. Anirudh (PG 3) Dr. Adil (PG 1)
10/10/2025	FRI	FAP Classroom teaching CM 2.1 CM 5.1 CM 5.2 CM 5.4	a. Brief review of Phase-I family visits-30 min b. Family logbook briefing-30 min. c. Briefing on Family Type, Family Composition, SES, vital events d. Demonstration of anthropometric assessment-weight, height, waist and hip circumference e. Definition and classification of Anemia, Protein deficiency, Obesity, Hypertension and Diabetes.	Dr. Srishti Yadav (Faculty) BRT-I Dr Akanksha (SR) Dr Achala (PG-II) Dr Pradipta (PG-II) Dr Jahnvi (PG-I) Dr Lopamudra (PG-I)
13/10/2025	MON	FAP Family Visit -I CM 2.1 CM 5.1 CM 5.2 CM 5.4	a. Briefing for the visit b. Identifying already allotted 5 families, allotment of new families (if any family can't be traced in the same locality) c. Rapport building with the families and gathering information regarding family type, composition, SES, vital events in family and morbidity profile d. Anthropometric measurements of family members e. Identification of minimum one vulnerable member from minimum 2 out of 5 families during day's visit f. Mobilization of minimum one member from each family for Hb and RBS testing	Dr. Srishti Yadav (Faculty) BRT-I Mr Vikas (LAB) Mr Amit (LAB) Mr Amrish Tyagi (HI)
14/10/2025	TUE	FAP Family Visit-II CM 2.1 CM 5.1 CM 5.2 CM 5.4	a. Briefing for the visit b. Rapport building with the families and gathering information regarding family type, composition, SES, vital events in family and morbidity profile c. Anthropometric measurements of family members d. Identification of minimum one vulnerable member from the rest 3 families. e. Mobilization of minimum one member from each family for Hb and RBS testing	Dr. Srishti Yadav (Faculty) BRT-I Mr Vikas (LAB) Mr Amit (LAB) Mr Amrish Tyagi (HI)
15/10/2025	WED	FAP Classroom teaching-II CM 2.1 CM 5.1 CM 5.2 CM 5.4	a. Review of logbook b. Socio-cultural practices and myths related to diet, Dietary guidelines for different age groups-ICMR, 2024 c. Demonstration of Nutritional assessment by 24 hours dietary recall for family and individuals of differing age groups with especial emphasis on protein intake d. Making dietary charts for family and vulnerable	Dr. Srishti Yadav (Faculty) BRT-I

			individuals	
16/10/2025	THU	FAP Family Visit-III CM-5.9	a. Briefing of day's activities b. Socio-cultural practices and myths related to diet c. Nutritional assessment by 24 hours dietary recall for a family - competency assessment and feedback d. Nutritional assessment by 24 hours dietary recall for at least one vulnerable individual per family identified during first and second visit - competency assessment and feedback e. Identification of gaps in nutrition of the family and individuals	Dr. Srishti Yadav (Faculty) BRT-I and all available residents
17/10/2025	FRI	FAP Family visit-IV CM-5.9	a. Briefing of day's activities b. Socio-cultural practices and myths related to diet c. Nutritional assessment by 24 hours dietary recall for a family - competency assessment and feedback d. Nutritional assessment by 24 hours dietary recall for at least one vulnerable individual per family identified during first and second visit - competency assessment and feedback e. Identification of gaps in nutrition of the family and individuals	Dr. Srishti Yadav (Faculty) BRT-I and all available residents
21/10/2025	TUE	FAP Classroom teaching-III CM 2.1 CM 5.1 CM 5.2 CM 5.4	a. Review of visits and logbook review-30 min b. Planning diet for family and individuals (different age groups) based on the findings in the community-1 hour 15 min c. Any specific advises related to illnesses in the family /lifestyle modification d. Plan for Health Talk and Environmental sustenance activity -15 min	Dr. Srishti Yadav (Faculty) BRT-I
22/10/2025	WED	FAP Family visit-V CM-5.11	a. Mobilization for Hb and RBS testing b. Health Talk and Environmental sustenance activity - competency assessment and feedback Briefing of day's activities	Dr. Srishti Yadav (Faculty) BRT-I Mr Vikas (LAB) Mr Amit (LAB) Mr Amrish Tyagi (HI)
23/10/2025	THU	FAP Family visit VI CM-5.11	a. Giving specific dietary advises to family using dietary chart - competency assessment and feedback b. Giving specific advises relevant to the illness in the family	Dr. Srishti Yadav (Faculty) BRT-I and all available residents
24/10/2025	FRI	CM 9.1, CM 9.2, CM 6.2 and CM 7.4	a. Introduction to the posting b. Briefing on Logbook c. Division of students into batches for seminar presentations & Demography Exercise:1 d. Demography: Components and indicators	Dr. Risa Vernette (Faculty) BRT-II Dr. Abhishek (SR) Dr. Pradipta (PG 2) Dr. Aniket (PG 1) Dr. Nitesh (PG 1) Dr. Rupali (PG 1)
27/10/2025	MON	CM 9.1, CM 9.2, CM 6.2 and CM 7.4	Demography Exercise: Work up	Dr. Risa Vernette (Faculty) BRT-II
28/10/2025	TUE	CM 9.1, CM 9.2, CM 6.2 and CM 7.4	Demography Exercise: Work up	Dr. Risa Vernette (Faculty) BRT-II
29/10/2025	WED	CM 1.6 CM 4.1	Seminar 1: Digital health tools in public health	Dr. AK Sharma (Faculty) Dr. Abhishek (SR) Dr. Manu (PG 2) Dr. Nitesh (PG 1)
30/10/2025	THU	CM 8.4	Seminar 2: Antimicrobial resistance and its impact on public health	Dr. Madhu Kumari Upadhyay (Faculty)

				Dr. Neha (SR) Dr. Niharika (PG 2) Dr. Anoop (PG 1)
31/10/2025	FRI	CM 10.5 CM 14.1	Immunization -I: NIS and related FAQs	
03/11/2025	MON	CM 10.5 CM 14.1	a. Briefing about Cold chain and BMW b. Visit to Immunization clinic	Dr. Somdatta Patra (Faculty) Dr. Neha (SR) Dr. Anoop (PG 1) Dr. Jhanvi (PG 1)
06/11/2025	THU	CM 2.3	Seminar 3: Urban and rural divide in health	Dr. SK Bhasin (Faculty) Dr. Shailja (SR) Dr. Ravi (PG 2) Dr. Dr. Adil (PG 1)
07/11/2025	FRI	CM 7.2.3 CM8.2.1 Cm 8.3	Seminar 4: Road traffic accidents: causes and prevention	Dr. Rahul (Faculty) Dr. Shailja (SR) Dr. Archi (PG 1) Dr. Prabha (PG 1)
10/11/2025	MON	CM 9.1 CM 9.2 CM 6.2 CM 7.4	Presentation - Demographic exercises- Competency assessment	Dr. Risa Vernet (Faculty) BRT-II
*11/10/2025	TUE		Log book assessment	BRT-II (clinical posting)
			Viva	All available faculty and SRs

*Due to the limited time available, the logbook assessment and viva will be conducted simultaneously

Note: Instructions for Family Adoption Program (FAP)

1. Soft copy of the Logbook & handouts, if any will be provided to the students.
2. Students to carry their own Measuring tape & printouts of the Logbook and handouts on days family visits.
3. BP instrument & Weighing scale would be provided to the students by the department.
4. Hb & RBS testing to be done by Mr. Vikas and Mr. Amit. Any 2 of the lab staff need to be present on the days of field visits.
5. Mr. Amrith Tyagi (HT) shall assist in identification of the families and mobilization of the families for Hb and RBS testing on days of health camp.
6. Letter for vehicle arrangement on the days of family visit should be sent in advance to the General section by BRT-1.

Overall attendance and assessment scores will be maintained by the FAP Faculty I/C and the associated BRT

FAP assessment: Marks distribution

1. Attendance: 10 marks
2. Logbook compilation – 10 marks
3. Data compilation and presentation – 10 marks
4. Community case presentation – 10 marks
5. Overall conduct – 10 marks

Certifiable competencies are must for every student. No student shall be allowed to take leave on the days of assessment.

Clinical posting: End posting assessment

1. Demography – workup and presentation = 15+15 = 30 marks
2. Seminar presentation – 20 marks
3. Viva – all topics covered during clinical posting and SGT/Lecture topics covered during Phase I – 30 marks
4. Logbook assessment – 20 marks

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27/11/25