

Elective posting (MBBS Batch- 2020)

Topic: Maternal, Infant, and Young Child Nutrition (including IYCF counselling)

Department of Community Medicine

UCMS and GTB Hospital, Delhi-95

Timetable for second slot – 27/03/24-10/04/24 (Monday to Friday from 9 am to 12 pm)

Date/Day	Topic	Facilitator
27.3.24 wed	9-10 am-Introduction to the posting and logbook 10-11 pm- Optimum IYCF guidelines 11-12 pm- Anatomy/Physiology of Breastfeeding	Dr Srishti Yadav Dr Ayesha, Dr Niharika
28.3.24 Thu	9 am- 11:00 am- Listening and Learning skills - IYCF counselling 11:00 am -12 pm - Maternal Nutrition guidelines	Dr Srishti Yadav, Dr Karuna, Dr Niharika, Dr Somesh
29.3.24 Fri	Holiday	
1.4.24 Mon	9 am-10 am – Myths regarding breastfeeding 10am to 12 pm - Building confidence and checking understanding	Dr Srishti Yadav Dr Sangya, Dr Samidha, Dr Niharika
2.4.24 Tue	9 am-10:30 am Breastfeeding attachment and positioning (using A-V aids) 10:30 am – 12 Pm- Visit to Postnatal Ward- Assessment of breastfeeding, Building confidence and checking understanding	Dr Srishti Yadav, Dr Samidha, Dr Sahil
3.4.24 Wed	9 am -12 pm- Visit to Dilshad Garden Health centre - Maternal (ante-natal) dietary history taking Reflection writing and feedback	Dr Aparna Kapoor, Dr Pooja, Dr Samidha, Dr Achla
4.4.24 Thu	9 am- 12 pm Visit to Dilshad Garden Health Centre - Breastfeeding assessment and using Listening and learning skills Reflection writing and feedback	Dr Aparna Kapoor, Dr Karuna, Dr Alanah, Dr Naresh

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Date/Day	Topic	Facilitator
5.4. 24 Fri	9 am -10 am - Complementary feeding guidelines 10 am-12 pm - Complementary feed preparation	Dr Pragti Chhabra Dr Sangya, Dr Niharika, Dr Aneesh,
8.4.24 Mon	9 am -12 pm - Visit to Dilshad Garden Health and Training Centre – Complementary feeding assessment - using Listening and learning skills	Dr Aparna Kapoor Dr Karuna, Dr Aneesh, Dr Jyoti
9.4.24 Tue	9 am -10 am - Growth monitoring 10 am -12 pm- Visit to Anganwadi - Observation of the functioning of Anganwadi- Supplementary nutrition Growth monitoring & Referral	Dr Srishti Yadav, Dr Samidha, Dr Sahil
10.4.24 Wed	Assessment (MCQ based), Log book evaluation	Dr Srishti Yadav, Dr Parinita, Dr Niharika

- Overall Faculty in-charge for the electives in Maternal, Infant, and Young Child Nutrition (including IYCF counselling) is Dr Srishti Yadav
- Facilitator resident for the posting is Dr Parinita, Junior Resident
- 75% attendance in the elective posting is mandatory for the students
- Written assessment will be carried out on the last day of the posting.

Head of Department

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